



PRIVÉ

WELCOME TO CROWN SPA PRIVÉ.

Crown Spa Privé, Crown's exclusive health club which combines the privilege of limited membership with outstanding facilities.

As a member of Crown Spa Privé, you will enjoy access to one of the world's most accommodating gymnasiums, a 25 metre, heated, indoor swimming pool, male and female Aqua Retreats including vitality pool, hammam and experience showers, special member discounts at Crown Spa, plus the convenience of valet parking.

Perhaps you'd like to enjoy a set of tennis followed by a relaxing spa and massage? Easily arranged.

Maybe you only have time for an express workout and a few laps of the pool? We'll ensure a fresh towel and refreshments are waiting poolside to make even a brief fitness experience a very memorable one.

Want to follow your Crown Spa Privé visit with lunch at one of our premium restaurants? We'll arrange your booking.

An exclusive Crown Spa Privé membership offers you all this and more. As Director of Crown Spas, I look forward to welcoming you to Crown Spa Privé.

In good health,

Crown Spas.



SWIMMING POOL



INDULGENCE SUITE

WHEN TIME IS OF THE ESSENCE.

In this modern life, time is an increasingly valuable resource. In the busy juggle of your life's commitments – work, family and well-earned pleasure – achieving maximum fitness results in a minimum amount of time requires a very special, understanding health club, tailored for people just like you.

At Crown Spa Privé, our staff's attention to your individual needs is paramount. Our fitness facilities, too, are equally impressive.

Simply advise us of your arrival time and the Crown Spa Privé experience begins with the convenience of Crown valet parking, direct lobby access and a waiting Crown Spa Privé staff member – armed with the knowledge of your existing fitness requirements and well-trained to address any new ones.



THE GREATEST OF HUMAN BLESSINGS.

Hippocrates famously wrote that “a wise man should consider that health is the greatest of human blessings” – and there is no better way to nurture and strengthen that incredible blessing than right here, at Crown Spa Privé.

At Crown Spa Privé our impressively equipped gymnasium overlooks two championship, rebound-ace tennis courts – perfect for letting off steam between business dealings, or for a social hit with a friend or colleague. And the views from our expansive rooftop garden? Simply breathtaking. With individual screens at all treadmills and bike stations, exercising is a pleasure – an opportunity to catch up on the day’s news and events, or a chance to take time just for you to enjoy the quiet indulgence of your favourite television show.

More serious about your workout? Follow our individually – tailored exercise program or make adjustments with any one of our highly – trained sports consultants available to make your visit a truly rewarding one.

As a Crown Spa Privé member, you can also enjoy a leisurely dip or swim laps in one of Australia’s most impressive indoor heated pools. Then reward your body in our Aqua Retreat. The hammam provides dry heat to warm the body, eliminate toxins and open the pores. The therapeutic rain shower will stimulate the senses and finally our vitality pool is the perfect refuge for tired bodies.

The Aqua Retreat truly offers exceptional wet facilities to complement your Crown Spa treatment or simply, as a rejuvenating experience of its own.

Care to finish off with a refreshment?

Your morning tea or coffee – or a cold drink – will be brought to you, along with the day’s newspaper, at our poolside café.





HAIR SALON

CROWN SPA.

Crown Spa Privé is also home to one of Australia's most opulent and calming spas – offering the ultimate, pampering spa experience. Each spacious treatment room is an oasis, where the pace and stresses of the everyday are very quickly forgotten. Here, you can luxuriate in the serene ambience, surrounded by Italian marble, soaring ceilings and soft, filtered light, before facing the world once more – relaxed, refreshed and rejuvenated.

The professional training of our Crown Spa therapists is exceptional, with knowledge of an extensive range of internationally-celebrated La Prairie treatments. Choose from facials, body wraps, customised body massage, hydrotherapy, manicures, pedicures, detoxifying treatments or hair and beauty treatments.

If your Crown Spa Privé visit will be followed by business, we can also arrange appointments for specialised hair and beauty treatments at member benefit rates, to ensure you leave us looking immaculate and ready to face the most important meeting or event.



FEMALE RELAXATION LOUNGE



MALE AQUA RETREAT



TENNIS COURTS

AS A CROWN SPA PRIVÉ MEMBER, THE BENEFITS WILL INCLUDE*:

- Access to the gym, pool, wet areas and tennis courts¹
- Valet parking²
- Exercise clothing laundered and ready for arrival³
- Sports pack including selected work out apparel⁴
- Light breakfast
- Six complimentary guest passes per annum
- Two one hour personal training sessions per month⁵
- One hour massage per month
- 15% discount at food & beverage Crown owned and operated outlets⁶
- 10% discount on all Crown Spa treatments, vouchers and retail
- 20% off hotel accommodation on 'rate of the day'⁷

\$425 per month with a \$550 joining fee.

For further enquiries telephone +61 3 9292 5858,
email crownspaprive@crowntowers.com.au or
visit crownspa.com.au

Crown Spa hours

Pool & Gymnasium 6.00am - 10.00pm daily
Spa, Health and Beauty 10.00am - 9.00pm daily

*Terms and Conditions: 1. The facilities at Crown Hotels including gymnasium, indoor pool, tennis courts and wet areas can also be used by hotel guests. Tennis court access excludes Australian Tennis Open period (January). 2. Valet parking is subject to availability. Alternative parking will be provided by Crown (subject to availability). Valet parking fees apply after three hours of parking is utilised. Where the member wishes to utilise other Crown facilities such as restaurants or Crown Spa this period may be extended at Crown's discretion (subject to availability). Crown Hotels Health Club members must present their membership card to the Crown Towers hotel doorman for valet parking access. Complimentary valet parking is only available when using Crown Spa Privé facilities (subject to availability). 3. Laundering is available for one t-shirt and shorts/tights per exercise session. 4. The Sports Pack includes one pair of selected shorts and t-shirt. 5. Three hour cancellation is required for personal training sessions. If this timing is not adhered to, the session will be deemed completed for the month's allocation, or alternatively charged at the full price. 6. Restaurant reservations are subject to availability. A list of participating restaurants is available from Crown Spa Privé. 7. Crown Hotels accommodation reservations are subject to availability and terms and conditions. Discount is not valid during special event periods.



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