



## **Spas at Crown Resorts FACT SHEET**

Crown Resorts own and operate three luxury spas; Crown Spa (at Crown Towers Melbourne) and ISIKA spa (at Crown Metropol Melbourne and Perth). Each spa offers an unparalleled selection of luxurious world-class health and beauty services with leading skin care ranges from La Prairie, Phytomer and Hommage at Crown Spa and Aveda at ISIKA.

Highly trained and exceptionally skilled therapists deliver an international standard of spa and beauty therapy. They offer personalised, innovative treatments and packages which will nourish and restore energy to the mind, body and soul. Each spa is a tranquil oasis with exquisite furnishings and lighting and specially commissioned artworks. Innovative salons and private treatment rooms deliver the ultimate in lavish pampering and wellness retreats ensuring guests can escape from every day urban life.

### **Crown Spa Melbourne**

Address: 8 Whiteman Street, Southbank, Victoria, 3006 Australia  
Telephone: +61 3 9292 6688  
Website: [www.crownspa.com.au](http://www.crownspa.com.au)

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<p>Overview</p>	<p>Located in the luxurious Crown Towers, Australia's leading hotel day spa, is a five-star oasis which offers guests a spa experience like no other. A \$10 million enhancement was completed in 2012. It now boasts seventeen sumptuous treatment rooms, including two exclusive couples' suites and a dedicated hair and beauty salon.</p> <p>Spa devotees will enjoy basking in the Aqua Retreat facilities featuring a hammam steam room, rain shower and expansive vitality pool. Guests also have access to male and female relaxation lounges and the 25 metre indoor heated pool.</p> <p>Skilled therapists deliver exceptional personalised service and results-driven treatments, using products from La Prairie, Crown Spas' exclusive Swiss partner and HOMMAGE, a luxury men's grooming range from Paris.</p>
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<p>Overview continued...</p>	<p>Signature wellness treatments include body wraps, facials, massages and lavish packages in the Indulgence Suite.</p> <p>The private Jacuzzi, steam room and Swiss shower are available to all guests in our deluxe suites.</p> <p>Private gym memberships, spa and lunch packages from selected Crown's premium restaurants are available upon request.</p> <p>Dr Tass, one of Australia's leading cosmetic physicians, offers an exclusive selection of advanced skin and beauty treatments. Specialising in scientifically proven cosmetic medicine. All procedures are administered under the supervision of a licensed medical practitioner in a relaxing and private setting. Treatments include anti-wrinkle injections, dermal fillers and non-surgical facial rejuvenation.</p>
<p>Aqua Retreat</p>	<p>The Aqua Retreat can be enjoyed as an experience on its own or to enhance any of the spa's exclusive treatments. The hammam provides a heat and steam to warm the body, eliminate toxins and open pores while the rain</p>



	shower and vitality pool will stimulate the senses. The experience is available on a complimentary basis with all treatments of an hour or longer.
Hair and Beauty Salon	<p>The unique circular shaped salon showcases a vibrant orange glass chandelier which casts light over custom-designed styling units while the adjoining nail salon is perfect for an indulgent manicure and pedicure with deep sunken chairs and privacy curtains.</p> <p>In-house hair stylists, make up artists and beauty therapists provide styling and pampering services to create a look for any special event.</p>

Design	<p>Designed by Singapore-based architect and interior designer, Michael Fiebrich, Crown Spa features a soothing palate of pale blues, greens and neutral tones inspired by nature. The use of organic elements, natural materials and jewel tones combine to create a sense of peace and restoration.</p> <p>The “experience corridor” with custom-designed carpet and hand-painted silk feature walls from UK based company Fromental, create a welcoming and comforting arrival for guests.</p> <p>A prominent highlight is the specially commissioned blown glass flock of abstract birds which feature in the reception area while walls are adorned with specially commissioned photographs by renowned artists John Austin and artwork by Chris Kenyan.</p>
Facial	<ul style="list-style-type: none"> <li>• White Caviar Illuminating Facial – exclusive to Crown Spa (\$275.00)</li> <li>• Platinum Rare Facial (\$450)</li> <li>• Caviar Lift Facial (\$265)</li> <li>• Pure Gold Radiance Facial (\$305)</li> <li>• Cellular Anti-Ageing Facial (\$255)</li> <li>• Cellular Hydrating Facial (\$190)</li> </ul>
Massage	<ul style="list-style-type: none"> <li>• Relaxation (from \$95)</li> <li>• Deep tissue (\$180)</li> <li>• Therapeutic (\$160)</li> <li>• Pregnancy (\$180)</li> </ul>



	<ul style="list-style-type: none"> <li>• Reflexology (\$155)</li> <li>• Hot Stone (\$280)</li> </ul>
Indulgence Suite Packages	<p>For the ultimate Crown Spa experience, the spa's two indulgence suites offer celebration packages. Customised packages can be tailored for special occasions.</p> <ul style="list-style-type: none"> <li>• The Crown Spa Ultimate Package (\$850 per person)</li> <li>• The Celebration Package (\$395 per person)</li> <li>• Salon Styling Package (\$350)</li> <li>• Phytomer Package (\$190 per person)</li> </ul>

Pool, Gymnasium & Tennis Court	<p>Crown Towers is home to one of the largest and most luxurious indoor pools in the country. Guests of the spa can utilise the 25m heated indoor pool and enjoy poolside refreshments. Adjacent to the pool area are two rebound-ace tennis courts located within the grounds of the rooftop garden and offer a great place for a tennis match as well as breathtaking views.</p> <p>Crown Towers also boasts the ultimate exercise experience with an advanced gymnasium and personal training options for guests and members.</p> <p>Open 6:00am – 10:00pm daily</p>
Privé Memberships	<p>As a member of Crown Spa Privé guests can enjoy access to one of the world's most accommodating gymnasiums; a 25m heated indoor pool, treatments at the luxurious Crown Spa, convenient valet parking and a host of discounts within the Crown Entertainment Complex.</p> <p>Member benefits include:</p> <ul style="list-style-type: none"> <li>• Access to the gym, pool, wet areas and tennis courts</li> <li>• Valet parking</li> <li>• Exercise clothing laundered and ready for arrival</li> <li>• Sports pack including selected work out apparel</li> <li>• Light breakfast</li> <li>• Six complimentary guest passes per annum</li> <li>• Two one hour personal training sessions per month</li> </ul>



	<ul style="list-style-type: none"><li>• One hour massage per month</li><li>• 15% discount at food &amp; beverage Crown owned and operated outlets</li><li>• 10% discount on all Crown Spa treatments, vouchers and retail</li><li>• 20% off hotel accommodation on 'rate of the day'</li></ul> <p>\$425 per month with a \$550 joining fee</p>
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For a menu of treatments and tailored packages visit [www.crownspa.com.au](http://www.crownspa.com.au)

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## ISIKA Melbourne

Address: Level 27 Crown Metropol  
8 Whiteman Street, Southbank, Victoria, 3006 Australia

Telephone: +61 3 9292 6211

Website: [www.isikaspa.com.au](http://www.isikaspa.com.au)

Overview	<p>Set high above Melbourne, in Crown Metropol, ISIKA (ancient Sanskrit for 'brush or 'sacred pen') is the peaceful and private urban retreat. ISIKA provides a haven for contemplation and discovery to assist guests with creating a wellness plan for their lives.</p> <p>Whether for a few hours or a few days, ISIKA day spa ensures guests enjoy the ultimate in relaxation and rejuvenation of mind, body and spirit. Key experiences include a waterfall-edge and deluge pools, relaxation deck and state-of-the-art gymnasium, vitality pools and steam rooms. Inspiring 360 degree views over Melbourne's skyline complete the experience.</p> <p>Ten treatment rooms offer specialised treatments and rituals drawing inspiration from a combination of traditional and modern treatments from around the globe, using products from AVEDA. Treatments and packages include: massages, indulgent body treatments, facials, wellness assessments</p>
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	<p>and packages tailored especially for men.</p> <p>To realise their modern, holistic approach to wellbeing, ISIKA has brought together a team of experts, each a specialist in their wellness field, working together to deliver an inspiring experience. Exceptional stylists and therapists in the hair salon and nail bar are on hand to provide exquisite pampering.</p>
Facials	<p>ISIKA Spa facials include:</p> <ul style="list-style-type: none"> <li>• Customised Facial</li> <li>• Perfecting Plant Peel</li> <li>• Green Science Skin Renewing Treatment</li> <li>• Outer Peach Blemish Relief Treatment</li> <li>• Botanical Resurfacing</li> <li>• Enbrightenment Treatment</li> </ul>

Body Treatments	<ul style="list-style-type: none"> <li>• Self-renewal Face and Body Experience</li> <li>• Caribbean Therapy Body Scrub</li> <li>• Rosemary Mint Body Wrap</li> <li>• Essential Back Treatment</li> </ul>
Massage	<ul style="list-style-type: none"> <li>• Fusion Stone Massage</li> <li>• Chakra Balancing Massage</li> <li>• Aromatherapy Massage</li> <li>• Deep Tissue Massage</li> <li>• Stress-fix Massage</li> </ul>
ISIKA Spa Suites	<p>To continue their sensory journey, guests can also choose to stay in one of fifteen luxurious ISIKA residential rooms located on level 26 with a private staircase that leads directly to the day spa.</p> <p>Each has a breathtaking view of Melbourne's CBD and allows each guest to continue their sensory journey in the privacy of their own room.</p> <p>The residential spa accommodation has been designed in conjunction with spa professionals and comes complete with private access to ISIKA Spa, use of the pool and gymnasium, relaxation areas and all hydrotherapy facilities. Residential guests will also enjoy the specially crafted spa cuisine.</p>

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<p>Fitness Centre</p>	<p>The fitness centre offers the latest gymnasium equipment from the Life Fitness series including treadmills, cross trainers plus a comprehensive selection of weight machines and free weights. ISIKA also has a dedicated team of sports consultants and personal trainers to tailor programs to individual needs.</p> <p>Experience:</p> <p><b>Aroma Steam Room</b> Ideal to help cleanse and detoxify the skin, relax the mind and body in preparation for treatments.</p> <p><b>Vitality Pool</b> Heated to a soothing 38 degrees, these are equipped with ergonomic lounges that deliver sparkling bubbles to revitalize the entire body.</p>
<p>Pool</p>	<p>The 25 metre indoor infinity pool offers sky high views of Melbourne and is heated to a comfortable 28 degrees with relaxing day beds and lounges available.</p>
<p>ISIKA Fitness Membership</p>	<p>The benefits include:</p> <ul style="list-style-type: none"> <li>• Access to the gym, pool and wet areas</li> <li>• Valet parking</li> <li>• Exercise clothing laundered and ready for arrivals</li> <li>• Sports pack including selected work out apparel</li> <li>• Light breakfast</li> <li>• Six complimentary guest passes per annum</li> <li>• One x 30 minute personal training sessions per month</li> <li>• 15% discount at food and beverage Crown owned and operated outlets</li> <li>• 10% discount on all ISIKA treatments, vouchers and retail</li> <li>• 20% off hotel accommodation on 'rate of the day'</li> </ul> <p>\$275 per month with \$300 joining fee.</p>

For a full menu of treatments and services visit [www.isikaspa.com.au](http://www.isikaspa.com.au)



## ISIKA Perth

Address: Crown Metropol Perth  
Great Eastern Highway, Burswood, WA, 6100

Telephone: +61 8 9362 8877

Website: [www.isikaspa.com.au](http://www.isikaspa.com.au)

Overview	<p>This luxurious and opulent spa, salon and fitness center is devoted to providing a holistic approach to wellness, rejuvenation and pampering. Features include ten treatment rooms including two Riverside couple's suites overlooking the Swan River, water therapy areas, a state-of-the-art gym, and indoor and outdoor pool areas.</p> <p>Exceptionally skilled therapists guide guests in discovering a world-class selection of bespoke treatments and rituals including massage therapies, facials, body treatments and packages for men.</p> <p>ISIKA's hair salon, nail bar and make-up emporium is set within chic, private surrounds where specialists are committed to providing each guest with a professional and indulgent pampering experience.</p> <p>ISIKA's state-of-the-art gymnasium is complete with weight stations, high-tech cardio equipment and Pilate's equipment. Guests are also able to book a personal training or private yoga session for the ultimate workout.</p> <p>Whether it's for a few hours or a few days, ISIKA has been designed to ensure guests enjoy the ultimate sensory awakening.</p>
Gym	<p>The fully equipped gymnasium offers high-tech cardiovascular machines, boxing facilities and free weights stations. Personal training and a unique range of training programs are also available with qualified health &amp; fitness specialists.</p>

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<p>ISIKA Fitness Membership</p>	<p>The benefits include:</p> <ul style="list-style-type: none"><li>• Access to the gym, pool and wet areas</li><li>• Valet parking</li><li>• Exercise clothing laundered and ready for arrivals</li><li>• Sports pack including selected work out apparel</li><li>• Light breakfast</li><li>• Six complimentary guest passes per annum</li><li>• One x 30 minute personal training sessions per month</li><li>• 15% discount at food and beverage Crown owned and operated outlets</li><li>• 10% discount on all ISIKA treatments, vouchers and retail</li><li>• 20% off hotel accommodation on 'rate of the day'</li></ul> <p>\$275 per month with \$300 joining fee.</p>
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